

Train For Our Troops™



Get Fit For The Fight™

Enjoy Fun, Fitness & Charitable Assistance For Military Families And Cancer Patients In Need

Run

Bike

Swim

Lift

Sit-ups

Push-ups

Hula Hoop

Aerobics



“Work Out To Help Out” Military Families And Cancer Patients

Now, when **you work out, you help out** military families in need as well as cancer patients seeking comfort and a cure.

We're respectfully asking you to participate in an inspirational charitable cause called **Train For Our Troops™** and/or **Get Fit For The Fight™**, two outstanding not-for-profit initiatives truly **“worthy of a workout.”**

These programs will enable and empower you to use your own workout skills and talents to give back to those less fortunate. It's what we call “Fun, Fitness And Charitable Assistance.”

Here's all you need to do:

1. Pick your favorite fitness activity (See ideas above or choose your own)
2. Set a goal (e.g. laps, reps, time, distance, total weight lifted)
3. Ask your family and friends for a flat donation or pledges based on your goal

Make checks payable to: The Charity Stripe, Inc.

Mail checks/donations to: The Charity Stripe, Inc.

305 Lee Road, Ste. A, Northbrook, IL 60062

All charitable recipients are pre-qualified and pre-approved for assistance so your contributions and our collective efforts will make a real, visible difference to them and their families.

The Pledge Sheet is on the back of this letter. Any help you can give will be very much appreciated and go a long way in helping us teach the importance of community involvement and giving back to those less fortunate through a healthy, balanced, fitness-based lifestyle.

Please visit www.thecharitystripe.org if you have questions or would like to learn more about these important initiatives. The Charity Stripe, Inc. is an official 501(c)(3) charitable organization and the creator/sponsor of Train For Our Troops™ and Get Fit For The Fight™

Thank you for working out to help out military families and cancer patients in need

