



Additional Participation Opportunities School Activities, Clubs & Organizations

BASKETBALL ACTIVITIES/EVENTS: Students v. students, students vs. faculty

- **Free Throw or Three-Point Contest**
 - Participants shoot “X” free throws or 3-point shots & collect pledges/donations for every shot made. It’s a slam dunk at the free throw line.
- **“Charity Stripe® Challenge” (Free Throw or Three Point Contest)**
 - Competition between grade levels, teams, schools, conferences...you decide. Just determine the number of players who can compete and the number of free throws or three point shots as part of the competition
- **Free throw or 3-point marathon?**
 - How many free throws or 3-point shots can each person/team make in one hour? How about if participants alternate for “X” consecutive hours for a real marathon? Each free throw or 3-point shot made equals a charitable contribution
- **Play “Horse For Heroes” (Bring those trick shots)**
 - Who’s the best “Horse” player on the team, in the basketball program, in the school? Get flat donations from each participant
- **Troop Dreams® 3 on 3 or 5 on 5 tournament**
 - Charge a flat donation per team entry. How about getting your intramural basketball teams involved to score bigger donations and have a lot of fun for a great cause.

BASEBALL/SOFTBALL: Students vs. students, students vs. faculty

- **Softball or wiffle ball tournament**
 - Batter Up! Score big donations by charging a flat donation per participating team
- **Host a Home Run Derby Contest.**
 - Participants get pledges for every home run they make

FOOTBALL: Students vs. students, students vs. faculty

- **Flag Football Tournament**
 - Charge a flat donation per team within grade levels or perhaps between schools
- **Table top/flick football tournament**
 - (<http://www.youtube.com/watch?v=allVe3yrMM0>).
 - Play an old favorite against your friends. Collect a flat donation for each player
- **Go The Extra Yard® tailgate party**
 - Set up a tailgate table before each football game to collect donations from fans

HOCKEY: Students vs. students, students vs. faculty

- **Floor Hockey/Street Hockey Tournament**
 - Charge a flat donation per team by school and grade levels



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VOLLEYBALL ACTIVITIES/EVENTS: Students v. students, students vs. faculty

➤ **Volleyball Tournament**

- Charge a flat donation per participating team...maybe even challenge other schools

EXERCISE/FITNESS

➤ **Exercise/Fitness: Train for our Troops™**

- Enjoy the fun, fit way to get a healthy amount of donations. Encourage students in each grade level to set a fitness goal and get pledges when they reach their goal. Feats of fitness can include:
 - Total miles or laps per day, per week or per month (running, walking, biking or swimming)
 - Total push-ups, sit-ups and/or jump roping per day, week or month
 - Total weight lifted or reps per day, week of month
 - Total time spent in aerobics activities like spinning, dancing, kickboxing

BOWLING

➤ **Bowling: Stars, Stripes & Strikes**

- *Host a bowling tournament at a local alley. Charge a flat donation per participating player or team...Maybe even include students and faculty for even more fun*

GOLF

➤ **Golf Tournament**

- Host a golf tournament at a local golf or mini golf course. Charge a flat donation per participating player or foursome

➤ **Donation "Drive"**

- Host a longest drive contest. Charge a flat donation for participants and see who is the king or queen of the swing to really drive up those donations

• **Closest to The Pin**

- Head out to the course, driving range or putting green and see who can put it closest to the pin

RUNNING/WALKING—

➤ **TROOP DREAMS TROT**

- Host an event right at your school track and invite students, faculty, the community and local Veterans, Active Duty and their families